

## LUTHERAN CARE CENTER

### January 23, 2024—Influenza Cases

Dear Residents and Family Members:

As I'm sure you are aware, last week was COLD! In a previous post, we discussed how cold weather may affect the human body's immune response. While the good news is that we have zero resident COVID cases in the building currently, unfortunately influenza is taking its toll on LCC's respiratory health!

Always trying to find the bright side with these statistics, I'm relieved to report that three of our four units have been cleared of any active flu infections. And then there was one, and that unit is 2 South. Two residents tested positive for flu on Friday 1/19 on 2 South, and one more tested positive on 1/21. All three of those residents were "Flu B" positive. On 1/22 an additional case of Influenza A was identified on that unit, and all flu infections have been reported to the NYS and local Departments of Health. There are now three active flu cases on the unit which will remain closed until they resolve and there are no new cases. Finally, last evening, 1/22 one staff person was instructed to isolate at home for the required period as a result of testing positive for Covid-19.

If you should choose to visit during this outbreak, remember to have a well-fitting mask in place and wash or sanitize your hands before, during, and after visiting our residents. Virtual visitation is an option if you want to stay connected but don't want to visit in person. Lastly, if you haven't done so yet, please help us help our residents and staff by staying current with all your vaccines and staying home when you are sick or have been exposed to a sick individual.

Stay well—and warm!

Pat Ludington, RN  
Administrator