



Our Building

Our modern facility looks more like an upscale retirement residence than a nursing care center, offering all the amenities that seniors desire, including gardens, a library, recreation room, barber shop and beauty services. From our atrium lobby, you'll feel our commitment to provide an atmosphere of compassionate care where seniors can live out their later years with quality, respect and dignity. A beautiful multidenominational chapel with stained-glass windows is easily accessible on the first floor.

Our Staff

Our staff consists of physicians, nurse practitioners, registered nurses, licensed practical nurses, certified nurse assistants, social workers, registered dietitians and physical, occupational, speech and recreational therapists.

Our Philosophy Of Care

For 135+ years, The Lutheran Care Network has been caring for people in residences, or in the comfort of their own homes. We understand that quality care and respect for people are first and foremost, especially today as the paradigm of senior care is changing. We understand that families want the gold standard in care for their loved ones. We have a long, rich history and trusted relationship with many families and continue to offer compassionate care and commitment to the physical, emotional and spiritual needs of seniors.

Our Goal

Our goal is to care for people's physical, emotional and spiritual needs. Our tradition is Lutheran, but our residents come from all faith backgrounds.

Our Mission

The Lutheran Care Network is a Ministry of Healing, Hospitality and Community through Partnerships in Caring.

TLC ~ quality health care in a faith-based tradition



Assisted Living Hudson Valley Senior Residence Kingston, N.Y.

> **Independent Living** Coburg Village Rexford, N.Y.

Skilled Nursing Care & Rehabilitation Bethlehem Commons at Good Samaritan Village Delmar, N.Y.

Lutheran Care Center at Concord Village Poughkeepsie, N.Y.

Adult Care Kenwood Manor at Good Samaritan Village Delmar, N.Y.

Community Housing Castle Court at Concord Village Poughkeepsie, N.Y.

Normanskill Terrace at Good Samaritan Village Delmar, N.Y.

> The Kings Apartments Pawling, N.Y.

Martin Luther Court Apartments Brooklyn, N.Y.

Martin Luther Terrace Apartments Kings Park, N.Y.

Adult Day Health Care Foster Family Extended Care Lutheran Care Center at Concord Village Poughkeepsie, N.Y.



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Adult Day Health Care at Lutheran Care Center

Poughkeepsie, N.Y.

We are here to nuture your wellenss by providing compassionate support to make your day complete.







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Adult Day Heath Care

For a great many people who are elderly and disabled, getting through the day can be a real challenge. That's why so many families turn to Lutheran Care Center's Adult Day Health Carebecause we provide the compassionate support they need to make their day complete. Lutheran Care Center's Adult Day Health Care program provides a broad range of care services that help promote our participants' general wellness and nurture a greater sense of self-worth and belonging. Our Adult Day Health Care is a comprehensive medical model program that is available six days a week (Monday through Saturday) that includes:

- •Breakfast, Hot Lunch, and Take Home Dinners
 - Comprehensive Case Management
 - •Rehabilitation Services
 - •Recreational Programming-including entertainment and trips
 - •Nutritional/Health Counseling
 - •Diabetic Monitoring & Education
 - •Podiatry, Optometry, Psychological & Psychiatric Services
 - Transportation
 - •Laboratory services

We value the individual...

At Lutheran Care Center's Adult Day Health Care, we value the spirit of the individuality that resides within each one of us. Each participant receives the personal attention and support they need to experience the full benefit of our services. We coordinate care across all disciplines to promote enhanced wellness and improved quality of life. Just as importantly, we keep the participant's loved ones involved through special programs designed to help families spend quality time together.

Our professional staff includes:

- Social Worker
- •Full-Time Registered Nurse
- •Certified Nurse's Assistant
- •Rehabilitation Therapist: Physical-Occupational-Speech
- •Licensed CDL Drivers

Professional expertise is just a part of what our staff does. Our staff members are chosen for their compassion as well as their competence. Our participants are very special people and they deserve a very special team of caregivers.

A setting that's comfortable, attractive and safe....

The Lutheran Care Center's Adult Day Health Care is a great place to spend your day. Located in a quiet suburban community, our modern climate controlled building offers a variety of conveniences. Our large group activity room is a bright, clean comfortable space and is structured for maximum participation of all daily activities offered.

Who we serve...

We serve all elderly, chronically ill, frail and disabled persons in need of medical monitoring. We offer primary, preventative, diagnostic, therapeutic, rehabilitative and palliative services. Our qualified staff conducts a comprehensive assessment to identify each person's health care needs and the type and intensity of services required. All qualified people are accepted on a space available basis.

Our interdisciplinary rehab team, which includes physical, occupational, speech pathology services, works to provide our residents with individualized treatment to achieve the highest level of independence.

Rehab Services offered might include:

- Fine and gross motor skills
- Sit and stand balance activities
- Ambulation and transfer training
- Activities of daily living
- Self-care management training
- Cognitive assessment and retraining
- Swallowing therapy
- Speech and language therapy
- Discharge planning
- Community integration
- Home evaluations
- Cardio thoracic rehab
- Diabetic training
- Trach care



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