





May 2026 Recreation Calendar

Lutheran Care Center – 1 South

**** Please Note: All Programs and Locations are Subject to Change ****





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
** 31 9:15 Room Visits and Morning Prep – AU 10:45 4 M's – 1S 2:00 Worship Service – C		Recreation Program Location Key: AU = All Units 1S = 1 South C = Chapel RR = Recreation Room LR = Living Room Loc. TBA = Location to be Announced 4M's = Mind, Mobility, Music and Memcara	Please Note: Weather Permitting, Recreation Programming May be Moved Outdoors.	 	1 Soul Natural Sweets and Souly Yours Gifts Sale 1p – 6p 8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 4 M's/Nail Salon – 1S 2:00 Music Performance with The Reno Trio – LR 4:00 Men's Club - 1S	2 Kentucky Derby Day 8:15 Room Visits and Morning Prep – AU 10:30 4 M's 1:15 Movie – 1S, 2N
3 8:15 Room Visits and Morning Prep – AU 10:30 4 M's – 1S 2:00 Worship Service – C	4 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 10:30 Pet Therapy Visits with Hank – 1N, 1S 2:00 Bingo – LR 3:30 Serenity Room – 1S	5 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 1:30 Exercise Group – 1S 2:00 Three R's – C 2:15 Reminiscence Group – 1S 3:00 Movie – 1S	6 8:15 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 10:15 Bingo – LR 1:15 Trivia/Reminiscence Group - 1S 2:00 Physical Games - 1S 3:15 Catholic Mass – C 3:15 Movie – 1S 3:30 Serenity Room – 1S	7 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 1:15 Parachute Activities - 1S 1:45 Rosary Group – C 2:00 Rhythm and Music - 1S 2:15 Spring Planting Program - LR 3:00 Movie – 1S 3:15 Serenity Room – 1S 7:00 Jeopardy - LR	8 Mother's Day Hanging Basket Sale Front Lobby – Times TBA 8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 4 M's – 1S 1:30 Trivia/Reminiscence – 1S 1:45 Virtu-Well – Loc. TBA 2:00 Physical Games - 1S 3:00 Movie – 1S	9 8:00 Room Visits and Morning Prep – AU 10:15 4 M's – 1S 1:45 Zumba Gold – LR 3:30 Reminiscence Group - 1S
10 Happy Mother's Day 8:00 Room Visits and Morning Prep – AU 9:30 Delivering of Mother's Day Flowers – AU 10:30 4 M's – 1S 2:00 Worship Service – C 3:00 Movie – 1S 3:15 Mother's Day Tea Loc. TBA	11 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 1:30 Trivia/Reminiscence – 1S 2:00 Bell Choir Rehearsal – C 2:15 Physical Games – 1S 3:15 Movie – 1S 3:30 Serenity Room – 1S 7:00 Table Games – 1S	12 8:15 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 1:30 "Opposites" – 1S 2:00 Three L's – C 2:15 Physical Games – 1S 3:00 Movie – 1S	13 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 1:30 Exercise Group - 1S 2:00 Catholic Mass – C 2:15 Physical Games - 1S 2:45 Bingo – RR 3:00 Movie – 1S	14 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 11:00 Exercise Group – 1N 1:15 Daily Chronicle – 1S 1:45 Rosary Group – C 2:00 Ring Toss Game – 1S 2:30 Deeper Dive – C 3:00 Movie – 1S 3:15 Serenity Room – 1S 7:00 Seven-Up Game - LR	15 8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 4 M's – 1S 1:30 Trivia/Reminiscence - 1S 2:00 Baking Group – RR 2:15 Physical Games - 1S 3:15 Movie – 1S 3:15 Beverage Social – RR 3:30 Men's Club - 1S	16 9:15 Room Visits and Morning Prep – AU 10:15 Bingo – RR 10:30 4 M's – 1S 1:30 Trivia/Reminiscence - 1S 2:15 Physical Games - 1S 3:00 Movie – 1S 8:30 Outdoor Movie Night: "UP" - Back Parking Lot
17 9:15 Room Visits and Morning Prep – AU 10:30 4 M's – 1S 1:30 Trivia/Reminiscence – 1S 2:00 Worship Service - C 3:00 Movie – 1S 3:15 Beverage Social – Loc. TBA 3:15 Serenity Room – 1S	18 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 10:45 Food Committee Meeting – RR 1:30 Trivia/Reminiscence – 1S 2:00 Strolling Music with Perry Allen – 1N, 1S 2:00 Bingo – Loc. TBA 2:15 Physical Games – 1S 3:15 Movie – 1S 3:30 Serenity Room – 1S 7:00 Table Games – 1S	19 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 1:30 Exercise Group – 1S 2:00 Three R's – C 2:00 Veteran's Café – Loc. TBA 2:15 Watercolor Painting – 1S 3:00 Movie – 1S 3:15 Word Games – 2S	20 8:15 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 10:15 Bingo – Loc. TBA 1:30 Trivia/Reminiscence - 1S 2:00 Physical Games - 1S 2:00 Balloon Volleyball – LR 3:15 Catholic Mass – C 3:15 Movie – 1S 3:30 Serenity Room – 1S 7:00 Ladies Tea Social - LR	21 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 1:30 Parachute Activities - 1S 1:45 Rosary Group – C 2:15 Trivia – 1S 3:00 Resident Council Meeting – RR 3:15 Movie – 1S 3:30 Serenity Room – 1S	22 8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 4 M's – 1S 1:30 Exercise Group – 1S 2:00 Celebration of Life – LR 2:15 Rhythm and Music - 1S 3:00 Movie – 1S 3:15 Serenity Room - 1S	23 9:15 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 10:45 Physical Games - 1N 2:00 Bingo – Loc. TBA 3:45 Reminiscence Group – 1S
24 8:00 Room Visits and Morning Prep – AU 10:30 4 M's – 1S 2:00 Worship Service – C 3:00 Movie – 1S 3:15 Serenity Room - 1S	25 Memorial Day 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 11:00 Bell Choir Rehearsal – C 2:00 Memorial Day Social – RR	26 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 10:30 Baking Group – RR 2:00 Three L's – C 2:30 Monthly Birthday Party With Nancy – RR	27 8:15 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 10:45 Pet Therapy Visits with Wilbur – 1S, 1N 1:30 Trivia/Reminiscence - 1S 2:00 Catholic Mass – C 2:15 Physical Games - 1S 2:45 Bingo – RR 3:00 Movie – 1S 3:15 Serenity Room - 1S	28 8:00 Room Visits and Morning Prep – AU 10:00 4 M's – 1S 1:15 Daily Chronicle – 1S 1:45 Rosary Group – C 2:00 Ring Toss Game – 1S 2:30 Deeper Dive – C 3:00 Movie – 1S 3:15 Serenity Room – 1S 7:00 Jeopardy - LR	29 8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 4 M's – 1S 1:30 Exercise Group - 1S 2:00 Bingo – RR 2:15 Trivia/Reminiscence - 1S 3:15 Movie – 1S 3:15 Drum Circle - RR 3:30 Serenity Room - 1S	30 9:15 Room Visits and Morning Prep – AU 10:15 Bingo – RR 10:30 4 M's – 1S 1:30 Trivia/Reminiscence - 1S 2:15 Physical Games - 1S 3:00 Movie – 1S



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">** 31</p> <p>9:15 Room Visits and Morning Prep – AU 10:15 Independent Leisure Activities – 1N, 2S, 2N 2:00 Worship Service – C</p>	<p>Recreation Program Location Key</p> <p>1N = 1 North 2S = 2 South 2N = 2 North C = Chapel RR = Recreation Room LR = Living Room AU = All Units Loc. TBA = Location to be Announced</p>		<p><i>Hair Salon is Open on Fridays</i> The Sign-Up Deadline for the Hair Salon is by 12 Noon on Thursdays. Please Contact either the Director of Recreation at Ext. 230 or the Recreation Dept. Staff at Ext. 231</p>	 	<p><i>Soul Natural Sweets and Souly Yours Gifts Sale 1p – 6p</i> 10:30 Eucharist Service – C 10:45 Karaoke/Sing Along - 1N 1:30 “Speak Out” Group – Loc. TBA 2:00 Music Performance with The Reno Trio – LR 4:00 Watercolor Painting - 2N</p>	<p><i>Kentucky Derby Day</i> 8:15 Room Visits and Morning Prep – AU 9:45 Independent Leisure Activities – 1N, 2N, 2S 1:15 Movie – 1S, 2N 1:45 Horse Racing Game - 2S 2:30 Horse Racing Game - 1N</p>
<p style="text-align: right;">3</p> <p>8:15 Room Visits and Morning Prep – AU 10:00 Independent Leisure Activities – 1N, 2S, 2N 2:00 Worship Service – C</p>	<p style="text-align: right;">4</p> <p>8:00 Room Visits and Morning Prep – AU 10:30 Pet Therapy Visits with Hank – 1N, 1S 10:45 Karaoke/Sing Along – 2S 2:00 Bingo – LR</p>	<p style="text-align: right;">5</p> <p>8:00 Room Visits and Morning Prep – AU 10:15 Nail Salon – 1N, 2S 2:00 Three R’s – C 2:15 Watercolor Painting – 2N 2:15 Parachute Activities – 1N 3:15 Watercolor Painting – 2S</p>	<p style="text-align: right;">6</p> <p>8:15 Room Visits and Morning Prep – AU 10:15 Bingo – LR 1:30 Nail Salon – 2S 3:15 Catholic Mass – C</p>	<p style="text-align: right;">7</p> <p>8:00 Room Visits and Morning Prep – AU 10:00 Exercise Group - 2S 10:45 Creative Writing - 2N 1:15 Parachute Activities - 1S 1:45 Rosary Group – C 2:15 Spring Planting Program - LR 3:45 Trivia – 1N 7:00 Jeopardy - LR</p>	<p style="text-align: right;">8</p> <p><i>Mother’s Day Hanging Basket Sale Front Lobby – Times TBA</i> 8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 Sensory Room Visits - 2S 1:30 “Speak Out” Group – Loc. TBA 1:45 Virtu-Well – Loc. TBA 2:00 Social Room Visits - 1N</p>	<p style="text-align: right;">9</p> <p>8:00 Room Visits and Morning Prep – AU 9:45 Independent Leisure Activities – 2N 10:15 Karaoke/Sing Along – 1N 11:00 Karaoke/Sing Along – 2S 1:45 Zumba Gold – LR</p>
<p><i>Happy Mother’s Day</i> 10</p> <p>8:00 Room Visits and Morning Prep – AU 9:30 Delivering of Mother’s Day Flowers – AU 2:00 Worship Service – C 3:15 Mother’s Day Tea Loc. TBA 7:00 Seven-Up Program - 2N</p>	<p style="text-align: right;">11</p> <p>8:00 Room Visits and Morning Prep – AU 10:15 Karaoke/Sing Along – 2S 11:00 Physical Games – 1N 1:45 Nail Salon – 1N 1:45 Ring Toss Game – 2S 2:00 Bell Choir Rehearsal – C 2:45 Card Games – 2N</p>	<p style="text-align: right;">12</p> <p>8:15 Room Visits and Morning Prep – AU 10:00 Exercise Group – 2S 10:00 Discussion / Reminiscence Group – 1N 10:45 Current Events – 2S 10:45 Board Games – 2N 1:45 Nail Salon – 2N 1:45 Creative Arts Program – 2S 2:00 Three L’s – C 3:30 Board Games – 1N</p>	<p style="text-align: right;">13</p> <p>8:00 Room Visits and Morning Prep – AU 10:15 Physical Games - 1N 10:15 Physical Games - 2S 10:45 Pet Therapy Visits w/ Wilbur – 2N, 2S 11:00 Sensory Room Visits – 1N, 2S 2:00 Catholic Mass – C 2:15 Nail Salon – 2S 2:45 Bingo – RR</p>	<p style="text-align: right;">14</p> <p>8:00 Room Visits and Morning Prep – AU 10:15 Exercise Group – 2S 11:00 Exercise Group – 1N 1:45 Rosary Group – C 1:45 Rhythm and Music – 1N 2:30 Trivia – 2S 2:30 Deeper Dive – C 3:45 Individual Room Activities – 2N 7:00 Seven-Up Game - LR</p>	<p style="text-align: right;">15</p> <p><i>Kay’s Shop 1p-6p</i> 8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 Hangman - 1N 1:30 “Speak Out” Group – Loc. TBA 2:00 Baking Group – RR 2:15 Social Room Visits - 1N 3:15 Beverage Social – RR</p>	<p style="text-align: right;">16</p> <p>9:15 Room Visits and Morning Prep – AU 10:15 Bingo – RR 1:45 Physical Games - 1N 2:30 Word Games - 2S 3:30 Table Games - 2N 8:30 Outdoor Movie Night: “UP” Back Parking Lot</p>
<p style="text-align: right;">17</p> <p>9:15 Room Visits and Morning Prep – AU 9:45 Independent Leisure Activities 1N, 2S, 2N 2:00 Worship Service - C 3:15 Beverage Social – Loc. TBA 7:00 Scattogories – 2S</p>	<p style="text-align: right;">18</p> <p>8:00 Room Visits and Morning Prep – AU 10:30 Pet Therapy Visits with Hank – 2N, 2S 10:45 Food Committee Meeting – RR 2:00 Strolling Music with Perry Allen – 1N, 1S 2:00 Bingo – Loc. TBA 3:45 Cooking Group – 2N</p>	<p style="text-align: right;">19</p> <p>8:00 Room Visits and Morning Prep – AU 10:15 Nail Salon – 1N, 2S 2:00 Three R’s – C 2:00 Veteran’s Café – Loc. TBA 2:15 Reminiscence Group – 2N 2:15 Parachute Activities – 1N 3:15 Word Games – 2S</p>	<p style="text-align: right;">20</p> <p>8:15 Room Visits and Morning Prep – AU 10:15 Bingo – Loc. TBA 11:30 Resident BBQ (2N) – Patio 2:00 Balloon Volleyball – LR 3:15 Catholic Mass – C 3:30 Creative Writing - 2N 7:00 Ladies Tea Social - LR</p>	<p style="text-align: right;">21</p> <p>8:00 Room Visits and Morning Prep – AU 10:00 Exercise Group - 2S 10:45 Exercise Group – 1N 1:30 Parachute Activities - 1S 1:45 Rosary Group – C 2:00 Table Games – 1N 3:00 Resident Council Meeting – RR 3:15 Table Games – 2S 7:00 Word Games – 2S</p>	<p style="text-align: right;">22</p> <p>8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 Karaoke/Sing Along – 1N 1:30 “Speak Out” Group – Loc. TBA 2:00 Celebration of Life – LR 2:15 Creative Writing - 2S 3:00 Storytelling/Reading Group - 1N</p>	<p style="text-align: right;">23</p> <p>9:15 Room Visits and Morning Prep – AU 10:00 Ring Toss Game - 2S 10:45 Physical Games - 1N 11:30 Recreation Cart – 2N 2:00 Bingo – Loc. TBA</p>
<p style="text-align: right;">24</p> <p>8:00 Room Visits and Morning Prep – AU 9:45 Independent Leisure Activities – 1N, 2S, 2N 2:00 Worship Service – C 4:15 Library Cart - 2S 7:00 Creative Arts Program - 2N</p>	<p style="text-align: right;">25</p> <p><i>Memorial Day</i> 8:00 Room Visits and Morning Prep – AU 10:00 Memorial Day Activity Packet - 1N, 2N, 2S 11:00 Bell Choir Rehearsal – C 2:00 Memorial Day Social – RR</p>	<p style="text-align: right;">26</p> <p>8:00 Room Visits and Morning Prep – AU 10:30 Baking Group – RR 10:45 Exercise Group – 2N 2:00 Three L’s – C 2:30 Monthly Birthday Party With Nancy – RR</p>	<p style="text-align: right;">27</p> <p>8:15 Room Visits and Morning Prep – AU 10:00 Current Events - 2S 10:00 Nail Salon - 2N 10:15 Karaoke/Sing Along - 1N 10:45 Pet Therapy Visits with Wilbur – 1S, 1N 11:30 Resident BBQ (2S) - Patio 1:30 Nail Salon - 2S 2:00 Catholic Mass – C 2:45 Bingo – RR</p>	<p style="text-align: right;">28</p> <p>8:00 Room Visits and Morning Prep – AU 10:15 Exercise Group – 2S 11:00 Exercise Group – 1N 1:45 Rosary Group – C 1:45 Rhythm and Music – 1N 2:30 Trivia – 2S 2:30 Deeper Dive – C 3:45 Individual Room Activities – 2N 7:00 Jeopardy - LR</p>	<p style="text-align: right;">29</p> <p>8:15 Room Visits and Morning Prep – AU 10:30 Eucharist Service – C 10:45 Karaoke/Sing Along - 1N 1:30 “Speak Out” Group – Loc. TBA 2:00 Bingo – RR 3:15 Drum Circle - RR</p>	<p style="text-align: right;">30</p> <p>9:15 Room Visits and Morning Prep – AU 10:15 Bingo – RR 1:45 Physical Games - 1N 2:30 Word Games - 2S 3:30 Table Games - 2N</p>