



## Rollin' Rollin' Rollin'

*Written by Janet George*

Depending on your age and music preference, this title may evoke the Rawhide TV theme song or Tina Turner's hit, Rollin' Down the River.

At Lutheran Care Center, it's the tune of a piano dolly being rolled from unit to unit and floor to floor.

Pre-Corona Virus, our music therapist, Vincent Capogna, offered regular Piano Lounge sessions in the Living Room. Residents would come for refreshments and socializing. Vincent, an accomplished pianist, would play background music – classical and jazz. Residents visited with one another in this lovely setting, relaxed and enjoyed the music with a cup of hot chocolate.

Once isolation protocols were in place, this was no longer possible. Around the second week in, several residents noted how they felt the absence of the lilting piano music that would fill the room during the Piano Lounge Hour. While Vincent also plays the guitar, he felt that the piano brought a unique musical world to the residents, and that keeping this a part of the music therapy programming at LCC was "essential".

Thanks to donations from the *Music Makes the World Go Round* Appeal, he was able to purchase a piano dolly for the upright piano, normally used in the Chapel. He now rolls the piano from unit to unit, and on the elevator, to provide an interactive singing and music listening opportunity for all. Residents do social-distance in their dining area but can once again sing together and socialize.