



Lutheran Care Center at Concord Village



L-R: Teri Jennings, Physical Therapist; DeeAnna Schepis, Speech Therapist; Kathy Ryder, Occupational Therapist and Tamara Jackson, Rehab Aide

Rehab Strong

Bill, visiting his wife in Rehab last January, remarked that she was making great progress. Then, he mentioned that *he* had been a patient 15 years earlier. While working in theater production at a local university, he was seriously injured falling backwards into the stage pit. He eventually arrived at LCC for rehab. With serious eyes but a huge smile he remarked, “Lutheran taught me how to walk again!



Henry Page, Jr., local Hudson Valley business owner

Photo provided by Jane Sullivan

Several years ago, Henry Page, Jr. (above) found that working with the guidance of a therapist on a piece of equipment called NuStep was beneficial. This adaptive, recumbent cross trainer easily adjusts to the needs of the user, strengthening bilateral upper and lower extremities. He ordered one for home use as a means of continuing his therapy. After Henry passed and thankful for the care he received at LCC, his family called to inquire about donating his NuStep. Teri, director of PT shared, “We are extremely grateful for this valuable gift which

will enhance the rehab experience for all our residents.”

This gift allowed us to pass on one of our other models to our Adult Day Health Care Center. Rehab therapy is also integral to the care of participants in this daytime program.

Below: Mr. Thomas Shaker, a Long Term Care resident, test drives the recently donated NuStep.



Rehab Operates throughout the Pandemic

Injuries do not take a break during Covid and neither do our amazing therapists in Rehabilitation. Under the

experienced direction of Teri Jennings, PT and Kathy Ryder, OT the skilled team continues to help people mend, strengthen, and learn to regain independence.

i Pads Needed!

Educating families on how to care of their loved ones when they are ready to return home is essential. A new successful approach at LCC has been to Face Time with family and caregivers to demonstrate follow up therapies. Departments are currently sharing one iPad. Rehab is in need of two. Therapeutic Recreation is also in need of tablets to connect Long Term residents isolated from family and friends. Right now nurses are using personal smart phones to make this happen.

Can you help us purchase this technology to bring family and friends together?

Help our residents connect face-to-face with family and friends using technology? .

\$400 will purchase one iPad or tablet (6 needed)

\$150 will purchase one rolling stand (6 needed)

\$75 will purchase one protective case (6 needed)

Any amount is helpful to cover tech and user support, internet, cables, etc.

Please make a gift on our [website](#) or send a check to Lutheran Care Center c/o Patricia Ludington.
